



SUMMER 2019

From the Director's Desk . . .

Hmm? Let's see... As I think about it, I've worked to get 55 issues in your mailboxes by the end of the first week of each quarter (Spring, Summer, Fall, Winter). Looking back, I'd wonder "how" if I wasn't positive every letter, every report, every bit of copy, every receipt, every, every task I've tackled as executive director has been accomplished as God enabled me in a way I still do not fully understand.

When I began February 1, 2006, I knew I was equipped to serve as executive director, because I had the experience and practical knowledge. But at the same time I knew to accept a hugely responsible position in the prolife arena was equivalent to having a bulls eye painted on my back. I was terrified and exhilarated, but most of all---and most important, I was fully aware my life would never be the same. One cannot spend significant time on a battlefield and not be changed forever. I'm forever grateful God spoke to me through 1 Thessalonians 5:24---"Faithful is He who calls you who also will do it." That's been absolutely true every step along the way. I could not have asked for or designed a more exciting and rewarding assignment.

And now? What's true does not cease to be true even when circumstances change. God has enabled me to serve as executive director, and He will surely continue with me on my journey as I retire, look around and discover what's around my next corner besides a more relaxed schedule and time on the golf course. I put all personal writing on the shelf when I opted to retire from San Bernardino County and fill this position. I've longed to have the time to just sit down in front of my laptop to put the thoughts in my head on paper and see what opportunities come. I have a Word Press blog I'm set to develop and publish. I'd like to go back to more creative, from scratch cooking, but concerned I'll spend a chunk of our disposable income on new pants. Even stretch pants only go so far! Still, I've always loved to cook, and now I'll have the time to prepare something which takes more than a couple minutes.

Regardless, as uncomfortable as it is for me to face my future without a schedule, I'm certain God has a plan. Although I know tears will come when it's time to say "Goodbye," I'm truly excited as I plan travel, write down ideas, collect recipes, pare down my wardrobe and talk to folks who have been where I'm going. I'm not getting out the tissue just yet because I've got a lot left to do and many, many people I want to see before I make my final exit (Out the door). Stayed tuned for more information about my retirement party.

I hope to see many of our female partners at the annual ladies' tea, "**Getting to Know you!**" on **Saturday, August 10 from 11 AM to 2 PM**. Our friend, Emma Aquirre will present "**A History of Hats**" in addition to yummy food (Vegan, vegetarian and gluten free included) and a huge silent auction with great themed items you'll want to take home. Keep in mind as you set aside funds to "shop," The silent auction is not intended as a giveaway, but to raise much needed funds for this vital ministry. We'll set the value of each package and pray

our guests will bid generously. It will be my great pleasure to speak at this event held this year at the Colton Women's club facility. We'll have tickets available for \$25 each by July 1. Purchase your ticket from the office, committee member or online via our website. (Use the big green donate button on the upper right of the landing page and follow the donation template.). Prize for the most interesting hat! Door prize! Fun! Be there (please)!

Next is the annual fall fundraiser. It's THE biggest, most important event of the year. Our annual budget is determined by the outcome of this fundraising event. We do not charge, but please understand it is NOT free! We encourage our sustaining partners to attend and invite others to come with you and learn about Pregnancy & Family Resource Center. We never charge guests, but we do expect people will come prepared to give more than a couple dollars stuffed in the envelope. The cost of each guest is \$70. We move forward with faith in God and confidence in the integrity of our guests to not just enjoy a free evening out with a wonderful heart felt program only to get up and leave without any thought of helping us provide FREE pregnancy related services to women and families in the community.



"**Por La Vida**" (for Life) will feature the comedy and story of Mike G. Williams in a relaxed, informal atmosphere. Guests will help themselves to the taco and dessert bar before the program begins. Much thought and prayer always goes into this program, and this year will be no exception. In addition, this will be the first opportunity the community will have to meet our in-coming executive director, Kathleen Jones as we symbolically pass the mantle. I know you will not want to miss this very, very special evening on **Friday, October 25, 2019** from 6:30 PM to 9 PM in the upstairs "C" Building social hall of Immanuel Baptist Church in Highland, Ca. Promotional materials will be available for this event by September 3, 2019. Get your reservations in soon since we expect to fill tables quickly this year.

In closing, I want to communicate how much I have loved serving with you through this ministry. I've been elated, exhausted, energized, joy-filled, entertained and blessed. Blessed beyond description to know each of you and to have experienced God showing up Every Single Day since February 1, 2006.

I leave this ministry in the capable hands and heart of Kathleen Jones. You can get to know her a bit through her introduction inside this newsletter. She too can and will count on God fulfilling His call through her life.

So, for the final time I end this column... God bless us all as wherever we go, we continue to tell the truth about the sanctity of life from conception to natural death.

Lisa

Our Clients Say

What was the most significant benefit you received during your visit with us? Other comments?

Anonymous: "The lady who helped me was the most significant benefit I received during my visit. I am glad she prayed with me."

Megan: "The comfort of talking to another believer was the most significant benefit I received during this visit. All needs were met."

Anonymous: "It is great you guys encourage people to go back to church and you pray for them. An excellent job!"

Angelina: "All the information I gain in the different decisions I can make for this baby. Your service is incredible!"

Genesis: "The positive pregnancy test was very exciting. The service here is amazing. Everyone is very supportive and kind."

Kailej: "I learned today that marriage doesn't have to be expensive. My advocate was great!"

Coralea: "Today I received valuable information and guidance to make goals and life choices."

Krystal: "Today I received resources for pregnancy and other things a mom may need, but not know where to go. You guys are awesome!"

Leianna: "I learned new things I did not know about God."

Anonymous: "The most significant benefit I received today began with the ultrasound and the decision with keeping baby. You guys are amazing!"

New Arrivals



Elijah



Achilles



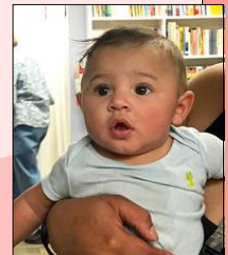
Ruby



Izriel



Maddison



Devyn

If you need Emergency help with a pregnancy related issue call one of our 24-hour help lines: 1-800-712-4357 or 1-877-398-7734.
This is NOT a phone number for specific Pregnancy & Family Resource Center questions.

Upcoming Events—Mark Your Calendar

SAVEONE ABORTION RECOVERY/HEALING BIBLE STUDY - Ongoing Opportunity

Local Women Contact: Sonja by phone at 909-762-3878, or email: sbpfrcSaveOne@gmail.com. NEXT Women's group begins on Tuesday, August 6th, in the evening. There is a \$12 materials cost per person for the SaveOne study book. Your contact and participation are held in the strictest confidence. The location is disclosed only to those who register for the study.

Mountain Communities Contact: Cynthia by text at 909-744-2323, or email: bigbearsaveone@gmail.com. Group begins for mountain communities on Thursday, August 8th, in the evening.

Men: Call for information—909-382-4550. Or contact Tom Wilson at 909-225-8124

ADVOCATE TRAINING - Ongoing Opportunity

Call Wendy DeView at 909-382-4550, or email her today at: (pregnancycenter.volcoord@gmail.com), to get an application packet—required with references—and reserve your space in the next class. \$25 for the training manual, "Focus on The Heart". 12 weeks—2 hours a week, plus additional time to shadow. We work you in to the schedule on the shift(s) of your choice as soon as possible.

Two more training opportunities this year: Monday, June 3 and then again on Monday, September 9, 2019. Both sessions begin at 5 PM and end at 7 PM.

Advance application and registration required, so if you're interested get it done today! We will welcome you with open, enthusiastic arms. A great way to begin is as a general volunteer even before you complete the training.

Saturday, August 10th, ANNUAL LADIES' TEA - Featuring Emma Aguirre's "History of Hats."

We've got lots of fun planned, including a "Most Interesting Hat" contest. Homemade sandwiches, baked goods, fruit, tea/coffee with gluten free options from a dedicated gluten free kitchen. Our silent auction gets better every year. Remember this is a fundraiser. Plan to shop while you support the ministry of Pregnancy & Family Resource Center. Speaker for this event: Lisa Wholley

Friday, October 25, 2019 - ANNUAL FALL FUNDRAISER— "Por La Vida," a Celebration of life. Featuring comedian and advocate for the unborn: Mike G. Williams

This will be a memorable evening of fun. Come meet our new executive director, Kathleen Jones! Enjoy the taco bar with friends at your table whom you bring to learn about a ministry you love to support. Tickets, promotional materials and details will be available by September 3, 2019.

We Always Need Event Volunteers.

You don't need to know everything. Just be willing to offer your time and energy.

Holiday Closures

Thursday, July 4 & Friday July 5, 2019 - Independence Day
Monday, September 2, 2019 for Labor Day
Monday, October 14, 2019 for Columbus Day
Monday, November 11, 2019 for Veteran's Day
Thursday, November 28 & Friday, November 29, 2019
for Thanksgiving
Monday, December 23, 2019 until Thursday, January 2, 2020
for Christmas/New Year break.

Watch Us On

Our website: www.pregnancyfamily.org

Our Facebook page:

<https://www.facebook.com/pregnancyfamily/>

Or, call us @ 909-382-4550 for info about these events

We Need Our Volunteers

by Joy Juedes

Pregnancy and Family Resource Center's warehouse is the staging area for all the material goods clients carry out the door with them. It is manned by a group of volunteers who do everything from sorting donated clothes to packaging diapers. Two of those volunteers -- Joy Juedes and Roseanne Prytherch -- do a variety of tasks on Monday nights.



Roseanne says she volunteers at the center because "I wanted to do something to help."

She uses her talent for putting items together and making them look nice into making small toiletry gift bags for each client. The bags hold a few small necessities like shampoo, lotion, toothbrush, toothpaste, and soap - and sometimes fun, pretty things like jewelry and nail polish. Each client gets to pick a small gift bag from the basket on her way out. Roseanne also sorts donations as needed.

Joy puts together layette bags for the clients, sorts clothing donations and makes gift bags -- although she is quick to point out that Roseanne is far better at making the gift bags. She says she doesn't mind working behind the scenes because it's a tangible way to help the pro-life cause.

"I just come in Monday nights after work and do whatever is needed," she says. "Whenever I think about what Planned Parenthood is doing down next door or how women are suffering because of abortion and the lives of so many unborn children are disregarded, it helps to think that volunteering at the center is a constructive way to do something about it."

The center constantly receives donations of baby and maternity clothes and baby items, so having volunteers available to sort helps the center meet the needs of clients. And each pregnant woman is given a layette bag full of practical baby items, including handmade blankets and quilts.

"I like doing the client and layette bags because they go directly to the clients and show them that they're supported," Joy says.

If you're interested in volunteering in these ways, or in other volunteer work at the center, please contact volunteer coordinator Wendy DeView at 909-382-4550.



How YOUR investment paid off in eternal value in January, February, and March of 2019!

- 828 clients served through a visit to our center. Might be prayer, a visit and conversation or a crib. Perhaps all three...
- 242 clients overcame tremendous fear and resistance when they walked through our door for the first time.
- 162 new parents met their tiny, perfectly formed baby for the first time.
- 28 heard the Gospel for the first time (or the 100th time) and said "Yes!" to Jesus!
- 204 clients experienced a gamut of emotions while they watched two little lines form on the pregnancy test cassette. Each had her advocate standing right by her side as she grappled with the impact on her life
- 448 clients received enough diapers & wipes to last a full week.

We are grateful for the regular donations of both to enable us to be more than generous with those who struggle to acquire basic needs!! THANK YOU Sustaining Partners!

Quote of the Quarter

“One human life is worth more than all the combined treasures on earth.”

Anonymous

Donate to Our Needs List

For Babies & Children

Diapers, newborn to size 5, newborn sleepers, gowns, undershirts, onesies new or gently used 0-24 month clothing for boys & girls, crib sheets, quilts & blankets, (handmade is great!), hooded towels & washcloths, bottles, sippie cups, baby spoons & pacifiers, formula (all brands), baby food (not expired), baby shampoo, baby wipes, baby soap & lotion, diaper area ointment

Furniture

Cribs & crib mattresses, bassinets, car seats in GOOD condition-no parts missing, high chair, rocking chair, bathtub, swing

For the Moms

Bibles (non-denominational), maternity clothes, personal items: soap, lotion, cologne, body spray, jewelry, etc, for client gift tub

Office Needs

1st class postage stamps, Staples gift cards, reams/boxes of plain white copy paper—8.5 X 11

Please Note - We have recently needed to update our policy to accept donated goods. Please understand we've had to do so to make it easier for us to distribute desperately needed goods to our clients and families and to cut down on hitch-hiking pests which invade our facility.

We no longer accept the following items:

Toys, new or used- except small NEW stuffed toys for layette bags. New or used adult clothing (except maternity clothing) – Dusty/Dirty bags & boxes.



3 Easy Ideas - use smile.amazon.com !

ONE — Do your shopping through smile.amazon.com and choose us, **Mountain Right to Life, Inc** as your favorite charity, Amazon will donate an amount from your purchase to us in cash. So, we get your gift and you give again through the contribution.

TWO — Search AMAZON.COM wish list for [Pregnancy & Family Resource Center](http://www.pregnancyfamily.org). Add an item from our wish list to your cart. *Pay with your AMAZON ACCOUNT* and have it shipped directly to us. We've chosen many "Super Saver" items for FREE shipping. If there's an item you want to purchase that is not a "Super Saver" item, feel free to make a substitution. Use smile.amazon.com to ensure a donation from your purchase will come to us from Amazon.

Or, THREE — Go to our website to give a financial gift—www.pregnancyfamily.org.

For more amazon info go to: <http://smile.amazon.com/about>

My initial introduction to the abortion issue was not intentional. It began with an early morning phone call from a friend whom I knew very well. However, that morning she was crying so hard I did not recognize her voice. I had never guessed an abortion choice could cause deep, palpable, out of control pain. I was stunned and from that day to now have never agreed abortion is ever a wise choice. Time and my experience since has served to solidify my position.

During the conversation, after some very long silences while my friend tried to gain some composure, she told me the day was the anniversary of an abortion she'd had several years before. She didn't share details, but she did reach out to me for something I was unable to give. I could not fully understand the depth of her anguish. I say with gratefulness I've never had an abortion. However, I have experienced unrelenting grief because of the death of my son. I do know what a grieving parent feels. Still, I did not cause nor arrange for my son's death. Therefore, my ability to fully grasp the needs of a post abortive parent is limited.



Sonja

Sonja Bates and Cynthia Mossman both understand. They've experienced the devastation abortion causes in a life. Their stories are redemptive, because each uses her experience to reach out and minister hope to those who need supportive help while they seek healing from an abortion.



Cynthia

Why is SaveOne valuable? The study offers truth about God's character and His unconditional forgiveness. Those who go through the study learn one sin is not necessarily more damning, but there are those decisions which come with greater consequences because the losses are catastrophic. The SaveOne study addresses the unique needs of one who desires to fully embrace God's forgiveness and begin to live in restored freedom.

I have seen lives transformed in those weeks of challenging study and discussion. It has always been a joy for me to observe the last meeting when parents are able, maybe for the first time to honor a child while they shed bittersweet tears knowing he waits in Heaven. It's a beautiful time.

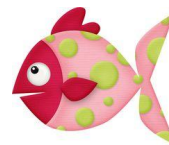
If you need to experience a new beginning after an abortion, think about SaveOne. Sonja and Cynthia will welcome your questions and provide confidential information.

Don't wait any longer. Make the contact today. New groups begin in August. See Coming Events for the dates.

Sonja for the Inland Empire area. Call 909-762-3878 or email: sbpfrcSaveOne@gmail.com

Cynthia in the Mountain Communities. Call 909-744-2323 or email: bigbearSaveOne@gmail.com

THERE IS A PLACE FOR YOU!



There has never been, nor will there ever be, a time when we have sufficient volunteer staffing.

Here are immediate and on going opportunities for men and women.

- Men and women willing to invest the time to train as advocates. We see over 3,000 clients every year. Often they need to wait with hungry, tired children for an hour or more because we simply do not have enough trained advocates. The next training is Monday, September 9, 2019, from 5PM to 7PM. You'll want to talk to Wendy to get your application submitted and processed before the training begins: 909-382-4550 or email at pregnancycenter.volcoord@gmail.com.
- Men to lift heavy items, do repair work and if you have a truck or trailer to make deliveries to clients.
- Event committee members to help develop ideas for fundraising and to work as part of a team to implement the plan. Contact Lisa-909-382-4550.
- Men to lead SaveOne healing group for other men who have experienced abortion. Interested? Contact Sonja Bates at 909-762-3868 or email at: sbpfrcSaveOne@gmail.com.
- Men and women to do deep cleaning, painting touch up and to sort and organize donated items and various projects as required.

'Hello' from Kathleen Jones

So, I could talk or write about my husband, my kids and now my grandbaby for hours on end, but when it comes to myself, I don't know where or how to begin. So, I think I'll go backward, start from where and who I am now and see where we end.

I am thrilled, excited and yes, even a bit anxious about stepping into the executive director position here at the Pregnancy & Family Resource Center. I am looking forward to the challenges that my new position will bring, but I am most looking forward to being active in the San Bernardino community and being a voice of love and truth according to God's word.

I came to the center in December 2016 just after leaving a staff position at my church. God had a plan, as I wasn't looking to get back into the workforce, but as soon as I came and saw the work being done here at the Pregnancy and Family Resource Center, I knew it was a ministry I wanted to be involved with. From the moment I stepped through the door at the pregnancy center, I've been thrilled to be involved with our clients and potential clients through face to face interaction and phone conversations. I have learned so much about the false narrative that our kids are being fed about reproduction, pregnancy, and abortion. I look forward daily to speaking truth into all that come through our doors. The team that has been assembled here is of exceptional value to the mission of the Pregnancy and Family Resource Center.

I am privileged to currently serve with a group called Faith Warriors at Marine Base Camp Pendleton, we get to attend chapel with Marines that are fresh graduates of boot camp. As a part of this group, I'm allowed to pray with and for Marines as they ask and submit prayer requests to us. It has been an awesome privilege and just recently had a Marine that I met three years ago approach me and say that he remembers me from praying with him at Camp Pendleton.

During the time that I was secretary of my church, I also had the privilege of overseeing and leading our children's and youth ministry. Being passionate about working with children and youth aided in my preparation for talking to and effectively communicating with some of our younger clients at the Pregnancy and Family Resource Center. I have served in children and youth ministries since 2003 and still host youth group meetings at my house on Wednesday nights.

My husband's job moved our family from Arizona to Southern California summer of 2002. I came to know the Lord November 1999 on the same night that my husband re-dedicated his life. We were blessed with two beautiful children, a son in 1996 and a daughter in 1997, and most recently we have been blessed with a beautiful granddaughter. My husband and I married in 1992 after a very short courtship, a great story to hear when we have more time.

I am most excited to meet and get to know as many of our partners as possible as I come into my new position as Executive Director here at the Pregnancy & Family Resource Center on August 1, 2019. I encourage and am open to any of you to stop by for a visit, a tour, or to meet me face to face.



SPFRC
P.O. Box 11225
San Bernardino, CA 92423
The Gift of Life is a Gift from God!



VISIT US ONLINE @

www.sbpfrc.com—clients

www.pregnancyfamily.org—partners

Or on Facebook at:

Pregnancy & Family Resource Center

OUR GOAL STATEMENT

Pregnancy & Family Resource Center is a Christ-centered ministry dedicated to the caring of women and families with pregnancy related issues by providing them with life affirming physical, emotional and spiritual resources.

OUR MISSION STATEMENT

Pregnancy & Family Resource Center seeks to promote the sanctity of all human life from conception to natural death. We provide all services without bias regarding race, ethnicity, religion, age, sex or socio-economic background.

STATEMENT OF FAITH

- ◆ We believe that there is one God, eternally existent in three persons: Father, Son & Holy Spirit.
- ◆ We believe in the deity of our Lord Jesus Christ, in His virgin birth, in His sinless life, in His miracles, in His vicarious and atoning death through His shed blood, in His bodily resurrection, in His ascension to the right hand of the Father, and in His personal return in power and glory.
- ◆ We believe in the spiritual unity of believers in our Lord Jesus Christ.
- ◆ We believe that God is the Creator of all life and He clearly defines His love and restoration for all

OUR STAFF

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Bryan Sowell, MD, Medical Director

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Lisa Wholley, Executive Director
Louis Escarcega
Michelle Jackson

*“every CHILD
begins the world
again”*
HENRY DAVID THOREAU



CONTACT US

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